

Maharashtra University of Health Sciences, Nashik
Inspection Committee Report for Academic Year 2025- 2026
Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.

Faculty:- PHYSIOTHERAPY UG

Name of the College / Institute:- OYSTER COLLEGE OF PHYSIOTHERAPY, Chh. SAMBAJINAGAR.

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

Sr No	Details of Webinar / Workshop/ CME/ Activities/ Preform
01	INTERNATIONAL YOGA DAY
02	TREE PLANTATION
03	SWACHH BHARAT ABHIYAN
04	FIELD VISIST: MENTAL HEALTH DAY SHANTI NURSING HOME
05	POPULATION DAY
06	WORLD PHYSIOTHERAPY DAY
07	WORLD HEART DAY
08	FIELD VISIT: SHANTI NURSING HOME

Verified by The Committee



[Signature]
 Dean/ Principal Stamp & Signature
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SWACHH BHARAT ABHIYAN

DATE-31/06/2024

Area: CIDCO Bus Stand, Aurangabad.

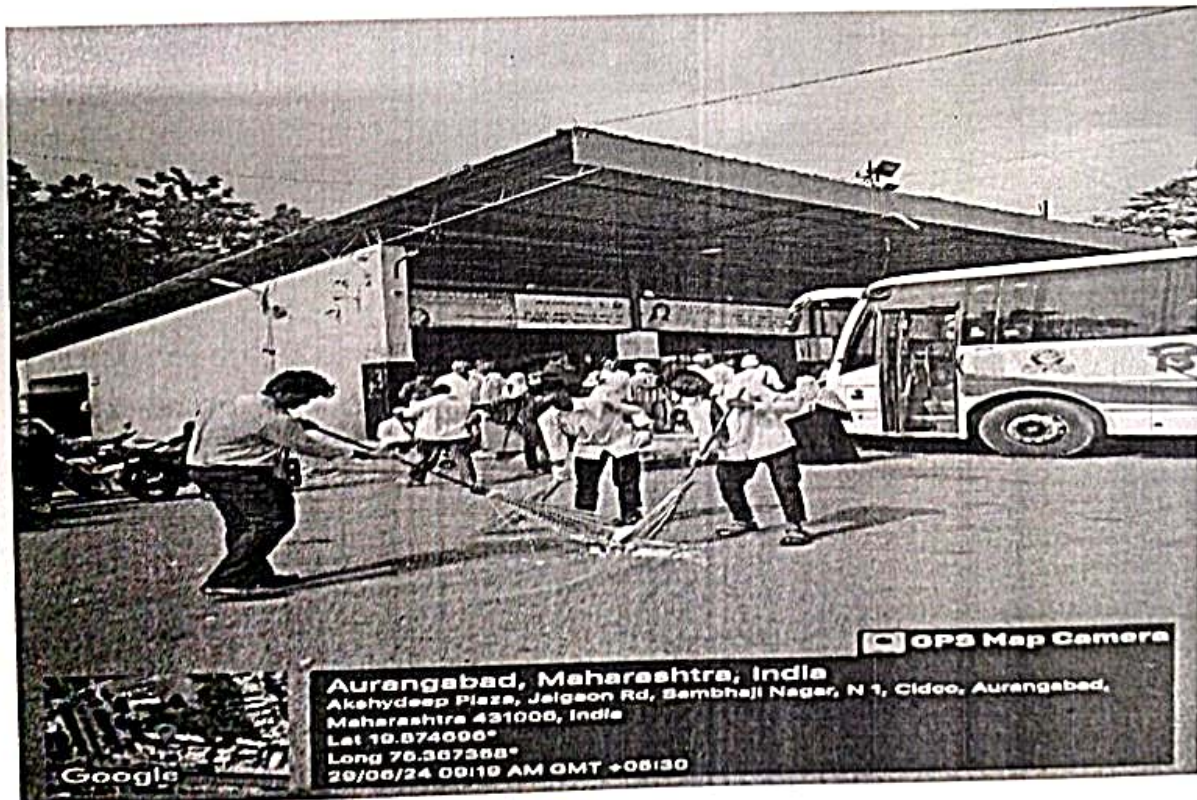
No. of students participated: 51

No. of teachers participated: 03

Background:

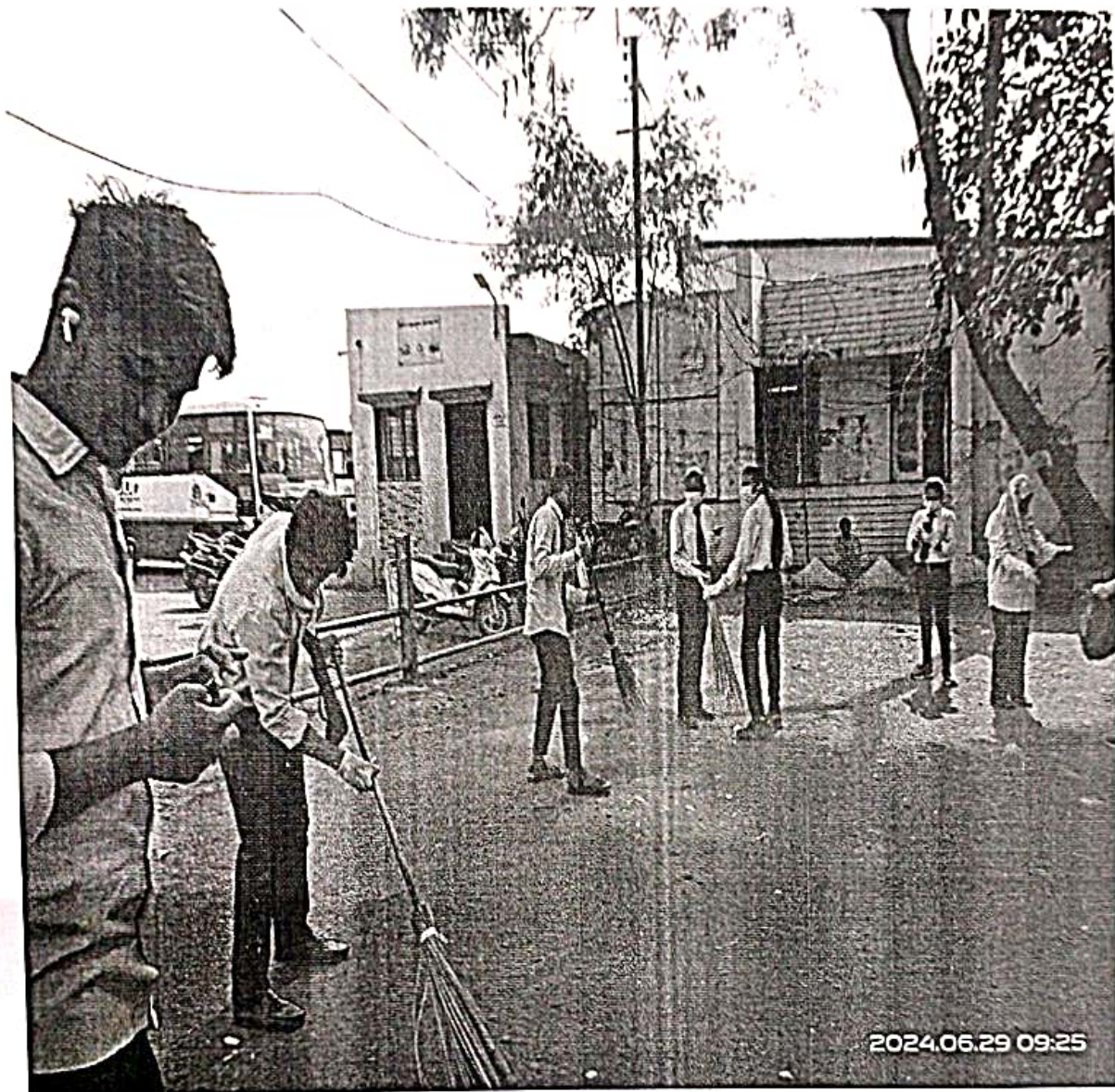
To accelerate the efforts to achieve universal sanitation coverage and to put the focus on sanitation, the Prime Minister of India had launched the Swachh Bharat Mission on 2nd October 2014. Under the mission, all villages, Gram Panchayats, Districts, States and Union Territories in India declared themselves "open-defecation free" (ODF) by 2 October 2019, the 150th birth anniversary of Mahatma Gandhi, by constructing over 100 million toilets in rural India. To ensure that the open defecation free behaviors are sustained, no one is left behind, and that solid and liquid waste management facilities are accessible, the Mission is moving towards the next Phase II of SBMG i.e ODF-Plus.

51 students participated in this event and whole CIDCO bus stand was cleaned.




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Aim: To make people aware about the waste management and to augment the capacity of urban local bodies to ensure their proper functioning and cleanliness.



Aim & Objective:

Every year students of Oyster College of Physiotherapy take up Sawach Bharat Abhiyan at various localities like bus stands, village or college campus. Students are distributed in groups of 10 people each one group shall collect, the other group collects in carry bags which are biodegradable in nature and can be disposed off easily. This creates an impact on the students as well as the people who gather at such places and throw garbage on roads instead of proper dustbins. Proper precautions like gloves, masks are taken by the students before cleaning the premises.




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CHH.SAMBHAJINAGAR

DATE-02/08/2024

Tree plantation

Date: - 01/08/2024

Area: - Oyster College of Physiotherapy Campus

No. of students participated:- 59

No. of teachers participated:- 05

Background :-


Plantations of trees is important as they improve the life and fulfill essential needs of mankind. Green trees and plants are life savers as they inhale all the carbon dioxide from the atmosphere and exhale oxygen when they prepare their food using photosynthesis. This process has actually kept the balance of different gas compositions in our atmosphere so that nothing will exceed its natural rate.

Increased use of technologies and combustion fuels have considerably increased the carbon content of our surrounding air. But the lack of green trees, who absorbs such carbon gas has caused a massive problem of increased carbon rate in the air. This increase has also negatively affected the oxygen rate we breathe that is exhaled by the tree as well.

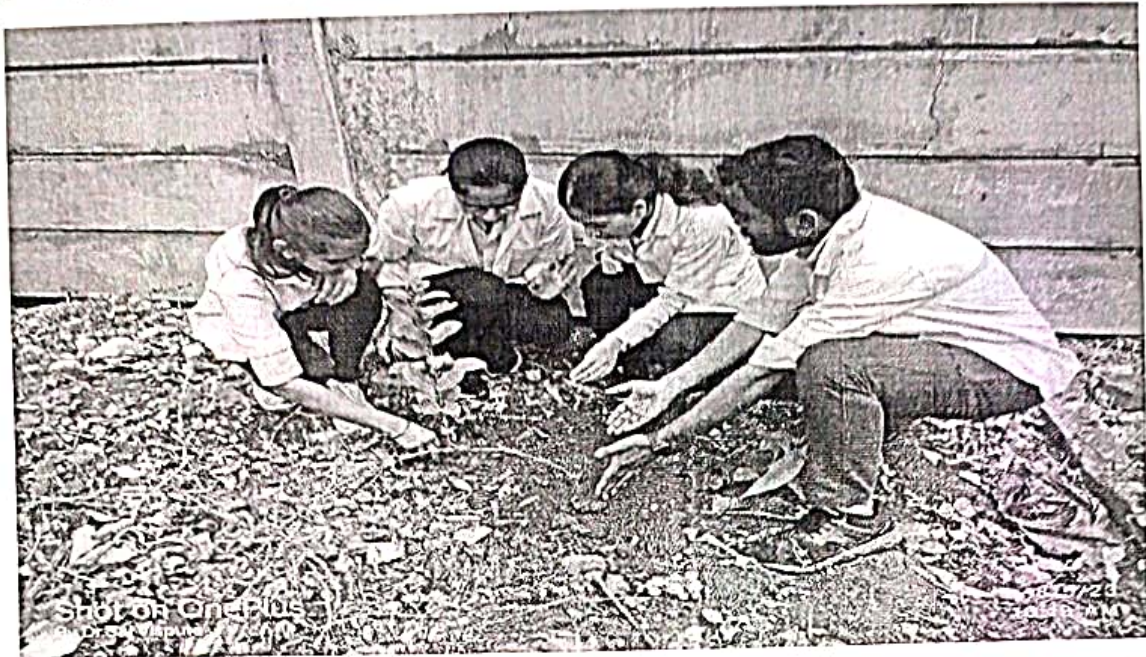
Aim and Objective :-


Every year students of Oyster College of Physiotherapy participate in the tree plantation drive organized by the students and staff members. The aim of this drive is to encourage the students which are the future of our country the importance of planting trees which leads to an overall development of the




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students. Also, the students realized the impact of pollution on our environment and how this activity is beneficial.




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DATE-24/10/2024

World Mental Health day

Date: 24/10/2024

Venue: Shanti Nursing Home, Chh. Sambhajinagar

No. of student participated: 60

No. of staff participated: 02

Background:

On 10 October celebrated the world health day by oyster college of physiotherapy held at Shanti nursing Home Chhatrapati Sambhajinagar. It was arranged for students on 24th October that 60 students along with faculty member had visited the hospital. The visit started at 9:30 AM from college bus to reach Shanti nursing home. we reached there around 10:15 AM. The students visited to different departments of hospital. The detailed explanation regarding each department

was given during the visit. This was followed by detailed presentation about the role of metal health and information about the Mental illness. At end visited to IPD & OPD. Overall visit was very informative & enjoyable.



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Aim & Objective

Every year students of Oyster College of Physiotherapy participate in the world mental health day program organized by the students & staff members. The Aim of this program was to encourage the knowledge about mental health & illness to students which are future of our country. Also know the physical exercise & Yoga which leads to handle the overall mental health. Student realized the impact of mental health & well being.



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DATE-10/09/2024

WORLD PHYSIOTHERAPY DAY

Date: 09/09/2024

Venue: Oyster college of Physiotherapy Chh. Sambhajinagar

No. of student participated: 46

No. of staff participated: 05

Background:

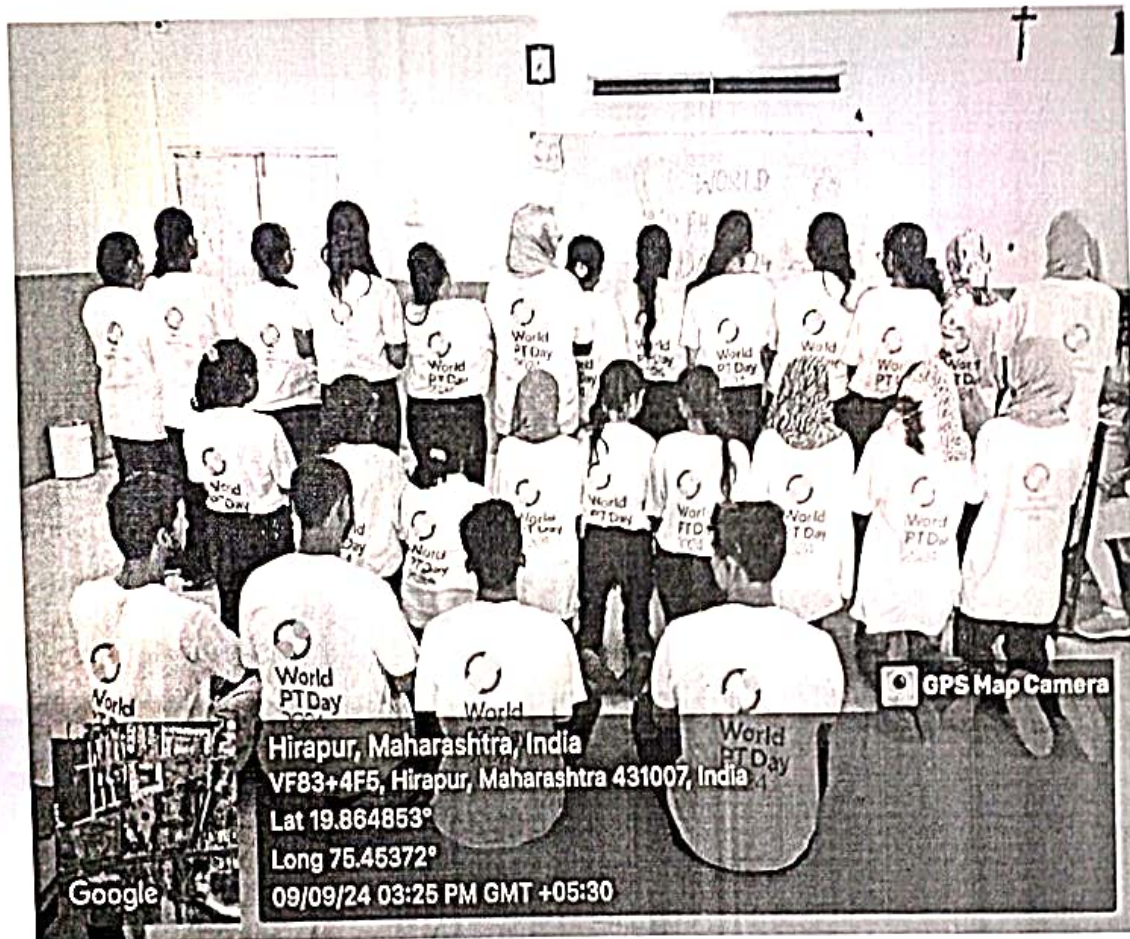
On 7th of September celebrated the World physiotherapy day program was held for students at class room of oyster college of physiotherapy. The theme of world physiotherapy day was low back pain. It commenced with a speech on low back theme by 1st & final year students & student made poster on low back pain & its causes. After the speech the staff arranged the quiz competition for students.



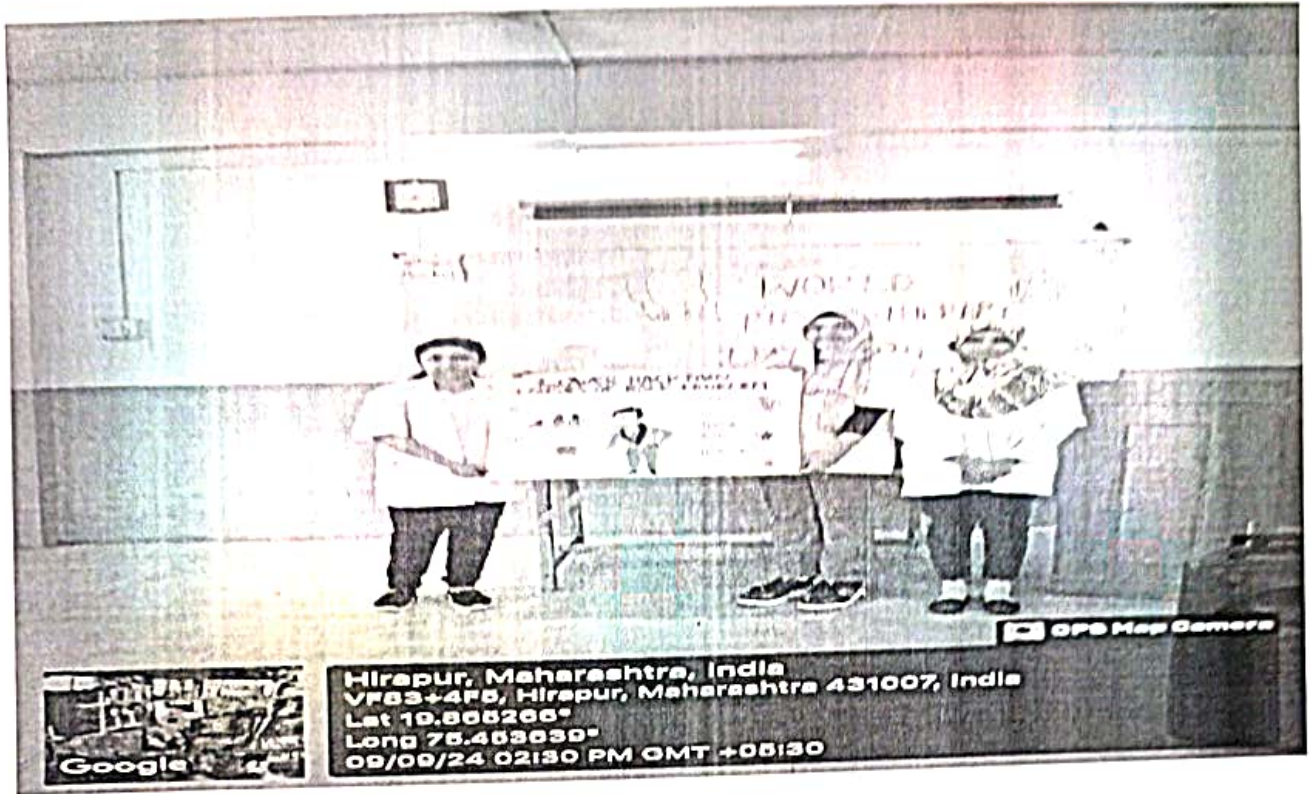

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Aim & Objective

Every year students of Oyster College of Physiotherapy participate in the world physiotherapy day program organized by the students and staff members. The aim of this program was to encourage the knowledge of exercise & health to students which are the future of our country the importance of physical activities which leads to an overall development of the students. Also, the students realized the impact of exercise on our health & well-being.




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DATE-22/06/2024

International Yoga Day

Date: 21/06/2024

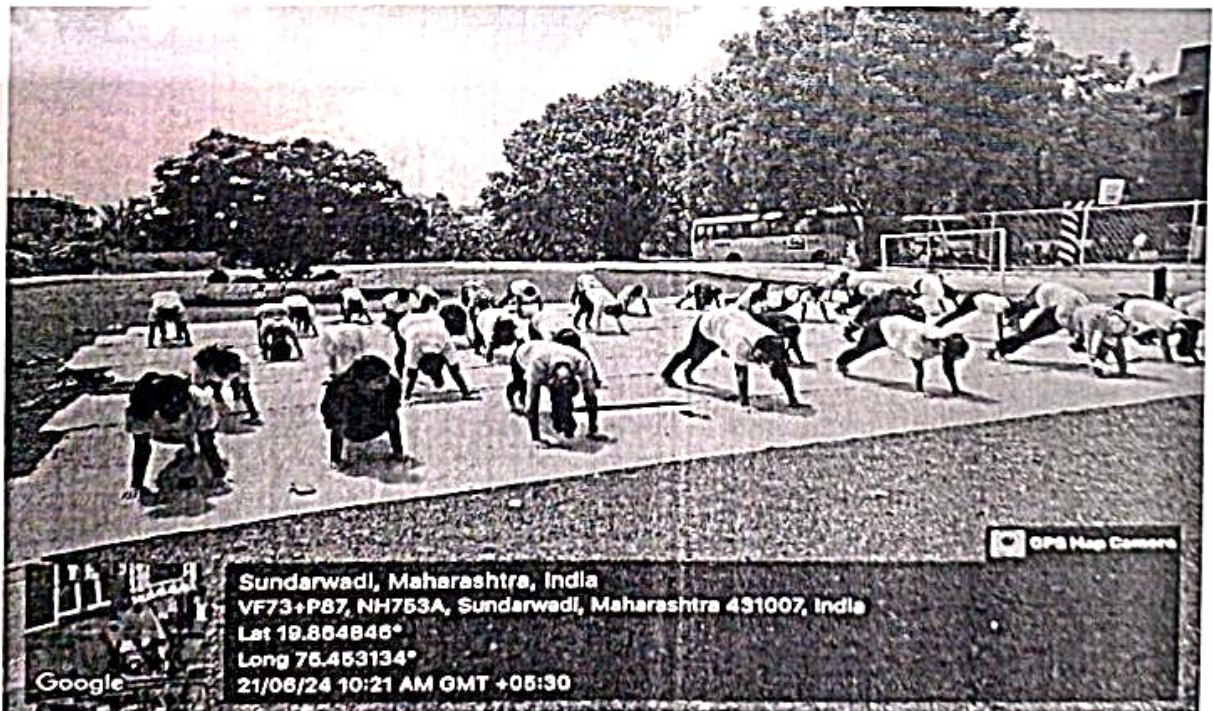
Venue: Oyster college of Physiotherapy Chh. Sambhajinagar

No. of student participated: 46

No. of staff participated: 05

Background

On 21 st of June celebrated the international yoga day program held at oyster college of physiotherapy for students at ground of college. Yoga day was celebrated for seeks to raise awareness of physical health as well as mental health. promote the benefits of yoga for physical, mental, and spiritual well-being. The day was officially recognized by the United Nations in 2014, following an initiative by India. Since then, people worldwide observe the day by participating in yoga sessions, workshops, and awareness programs.



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Objective of Yoga Day:

The primary aim of International Yoga Day is to raise awareness about the significance of yoga in maintaining a balanced and healthy lifestyle. It encourages individuals to integrate yoga into their daily routine to enhance their overall well-being.




Celebration and Activities:

On June 21st, 2024, International Yoga Day was celebrated with great enthusiasm worldwide. Various organizations, schools, colleges, and communities conducted yoga sessions to mark the occasion.

In our institution, a special yoga session was organized. The event began with an introduction to yoga and its historical significance. A certified yoga instructor guided participants through a series of yoga postures (asanas), breathing exercises (pranayama), and meditation techniques. Students, teachers, and staff actively participated and learned about the benefits of practicing yoga regularly.




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DATE-28/09/2024

World heart day

Date: 28/09/2024

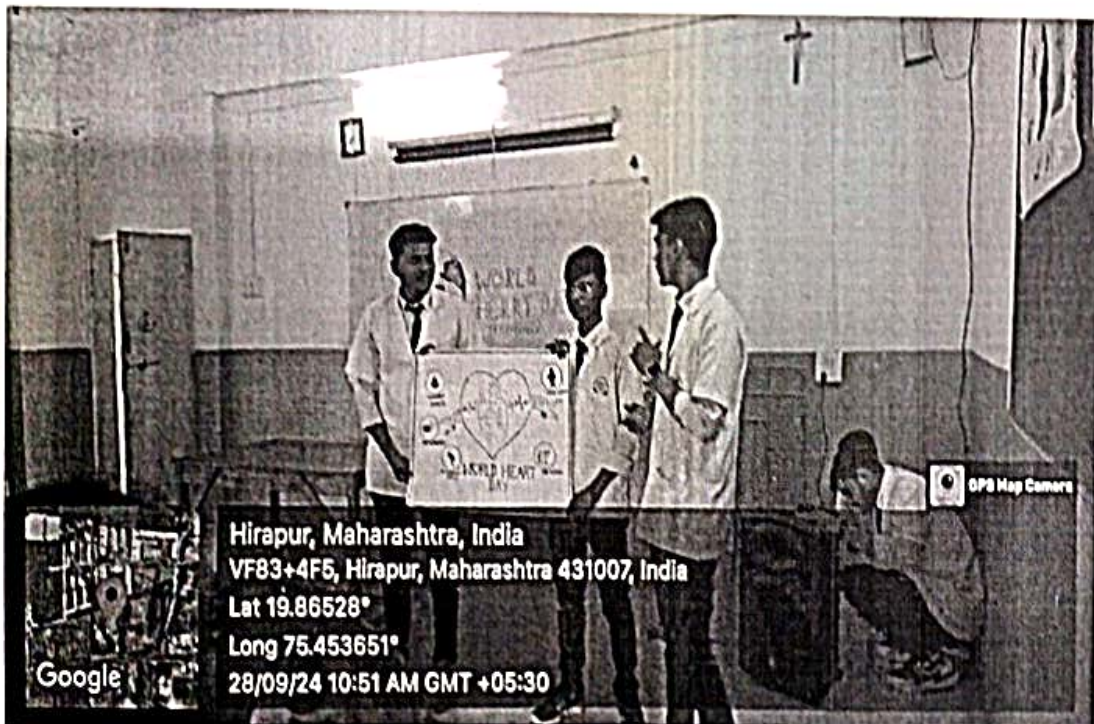
Venue: Oyster college of Physiotherapy Chh. Sambhajinagar

No. of student participated: 46

No. of staff participated: 05

Background:

On 28th of September celebrated the World heart day celebrated by oyster college of physiotherapy was held for students at class room. It commenced with a speech on heart health and exercise. Students made healthy food and how that food help for heart health along with ingredients and recipes for same.





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Aim & Objective

Every year students of Oyster College of Physiotherapy participate in the world heart day program organized by the students and staff members. The aim of this program was to encourage the knowledge of heart & health to students which are the future of our country the importance of physical exercise activities which leads to an overall development of the heart. Also, the students realized the impact of exercise on our heart health & well-being.




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28/09/24 11:28 AM GMT +05:30




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DATE-17/01/2025

HOSPITAL VISIT

Date: 16/01/2025

Venue: Shanti Nursing Home, Chh. Sambhajinagar

No. of student participated: 53

No. of staff participated: 02

Introduction: As part of the first-year physiotherapy curriculum, a hospital visit was organized to provide students with practical exposure to clinical settings. The visit aimed to enhance students' understanding of physiotherapy applications in real-world scenarios and familiarize them with hospital environments.





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Objective of the Visit: The primary objective of the hospital visit was to help students gain insight into the role of physiotherapists in patient care. It provided an opportunity to observe different physiotherapy techniques, interact with healthcare professionals, and understand the importance of rehabilitation.



Details of the Visit: On [date], first-year physiotherapy students visited [Hospital Name], a well-equipped medical facility with a dedicated physiotherapy department. The visit was guided by experienced physiotherapists who provided an overview of the hospital's rehabilitation services and treatment procedures.




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DATE-12/07/2024

WORLD POPULATION DAY

Date: 11/07/2024

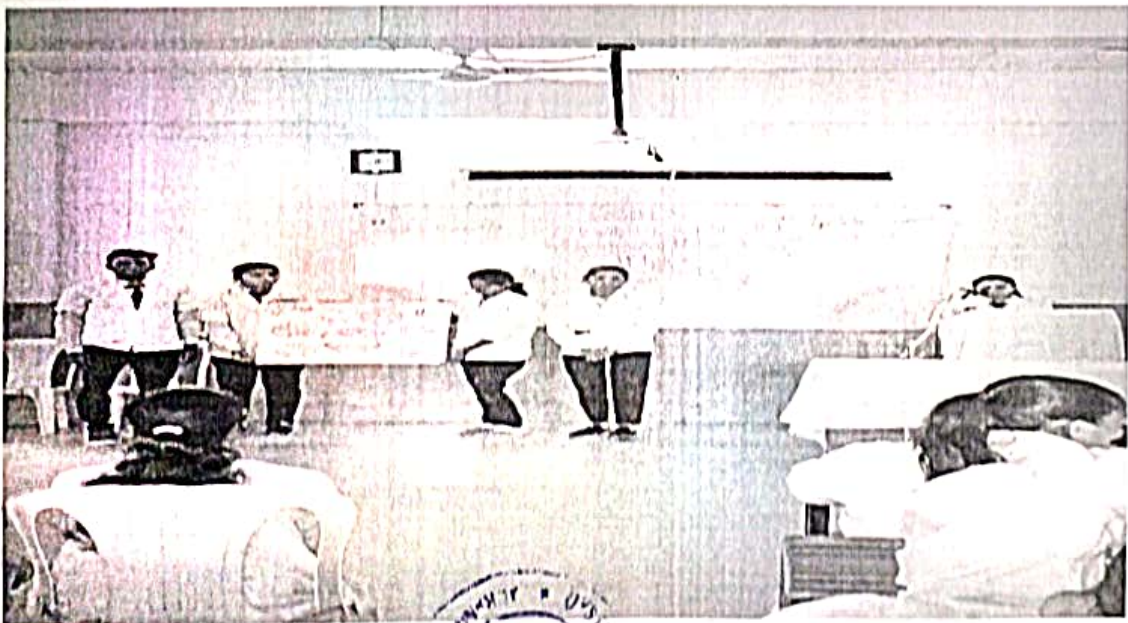
Venue: Oyster college of Physiotherapy Chh. Sambhajinagar

No. of student participated: 46

No. of staff participated: 05

Background

On 11th of July celebrated the world population day program was held for students at class room of oyster college of physiotherapy. The day was celebrated for seeks to raise awareness of global population issues including maternal health, poverty, economic hardships, and many other difficulties. While press interest and general awareness in the global population surges at the increments of whole billions of people, the world population increases by 100 million approximately every 14 months. It commenced with a speech and skit on improving population and its causes by 1st & final year students & student made poster on population day.




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Aims & objective

Every year students of Oyster College of Physiotherapy participate in the world population day program organized by the students and staff members. The aim of this program was to encourage the knowledge about tremendous population & its effect on resources and human being to the students which are the future of our country the importance of how to control the population which leads to an overall development of the students. Also, the students realized the impact of population on our economic & finance.




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